# Linear Damping Seat to Reduce Whiplash Injury in Rear-end Collision

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## Abstract

Neck injuries caused by rear end collisions have become a major problem in traffic safety over the last two decades. This situation calls for more research in the field. One area of interest is a damping seat slide to reduce neck injury. To reduce neck injury (Whiplash), based upon new biomechanical research, the motion between head and torso should be reduced. In case of a rear end impact new seat will slide backwards during the impact which allows the motion to damp. Working Model software was used first to simulate and analyse the behaviour of the new system, also a test rig was developed for experimental purposes. The results show occupant protection increases with the new damping seat slide by reducing the NIC 35

***Index terms***— neck injuries; rear collisions; whiplash; damping seat; nic.

# 1 I. Introduction

ear-end car collision typically occur in traffic situation with dense traffic and relatively small distances between vehicles in the small lane. Rear-end collisions often result in neck injuries to the occupants of the struck car. During the collision the vehicle is subjected to a forceful forward acceleration and the car occupants are pushed forward by the seatbacks. The head lags behind due to its inertia forcing the neck into a swift extension (rearward binding) motion. This head motion continues until the neck reaches the end of its motion range or, hits a head restraint or some other structure behind the head. From this point on, the head moves forward and stops in a somewhat flexed (forward bent) neck posture. This type of swift injurious extension-flexion motion of the neck [1] and is commonly called "Whiplash motion".

Neck injuries in rear-end collisions mostly occur at very low impact velocities, typically less than 20 Km/h [2,3] and are mostly classified as minor injury (AIS 1) on the abbreviated injury scale [4,5,6] since the scale classifies injuries according to fatality risk. [7]Suggested that the elastic rebound of the seat back could be an aggravating factor for the whiplash extension motion. The rebound of the seat back can push the torso forward relative to the vehicle at an early stage of the whiplash extension motion when the head begins rotating rearward. This in turn increases the relative linear and angular velocity of the head relative to the upper torso at the same time as it delays contact between the head and head-restraint, thus causing a larger maximum extension angle. Subsequent studies support this theory [8,9,10,11] If the seat back of the front seat collapse or yields plastically during a rear-end collision, the elastic seat back rebound is likely to be reduced.

To date, the underlying injury mechanism has not yet been established. Several hypotheses have been suggested by various researchers, but are not conclusive. It seams to be generally agreed upon the fact that such injury is related to sudden movement of the head-torso complex [12].

# 2 II. Seat Design

Several seat systems are presented to prevent whiplash injury. Volvo presented the WHIPS seat [13] which is equipped with a recliner that allows controlled backward movement of the backrest during rear-end impact. The motion is performed in two steps: a translational rearwards movement of the backrest is followed by a rotational motion reclining the backrest. Another system, called WipGARD [14], also enables the backrest to perform a translation followed by a rotation. Both the WHIPS and the WipGARD require a critical load to activate the system. The Saab active head restraint (SAHR) system [15], for instance, consists of an active head restraint that automatically moves up and closer to the occupant's head in rear-end impacts. Thus the distance between the head restraint and the head is reduced. The third system is Cervical Spine Distortion injuries (CSD), and the functional principle of the CSD system is based on a defined energy absorption in the backrest. This principle has been employed successfully for a number of years. In standard series seats, the deformation element is located in the recliner. During rear impact, a parallel backwards movement of the seat back begins at a point of critical load, which motion is then transformed into rotation [16]. The backwards movement is limited so that the seat back will offer sufficient protection in a high-speed rear impact.

# 3 III. Linear Damping Seat

A Linear Damping Seat (LDS) to reduce or prevent neck injury is presented in this research. The concept, though the mechanism of whiplash injuries is not completely understood, a decrease in neck motion is thought to lessen whiplash injuries. Expressing the above ideas visually, figure 1. shows the concept for reducing the likelihood of whiplash injuries or lessening the severity. Also this study was evaluate the properties of a seat independently of the corresponding car structure. The new linear damping seat (LDS) designed to prevent or reduce whiplash injury was developed. The uniqueness of this design is that the arrangement contains a seat which will move in a controlled manner against the direction of movement during a change in velocity, and that the seat is provided with guidance devices which are intended to give the seat and the person sitting in it a linear movement against the direction of movement.

The LDS is constructed by modifying the seat base connection joints with the trolley (car floor) as shown in figure (1). The new connection contains tracks and rollers which allow a translational motion of the seat with respect to the trolley while the spring/damper damps this motion. In this research, the damping mechanism was active all the time, but it could be attached to a trigger system or acceleration sensor to active the LDS in the rear impact event. In the LDS tests, the spring force and damping coefficient were varied to analyse the effect of these parameters on the head and neck motion. During the impact the occupant moved backward opposed to the car direction and applied a force on the seat-back; this force will force the seat to move backward and the damping system should control the movement. This motion reduces the torso acceleration and decreases the relative velocity between the upper torso and the head which both lessen the whiplash injury.

One practical disadvantage of the LDS was that when the seat moves backward there is a chance that it will crash into the knees of rear-seat occupants or there may be some other limit. Therefore this research has sought to resolve this issue and to have better protection system for all the car occupants. The result of the advanced research was the Drop Damping Seat.

Linear damping seat during rear-ends impact

# 4 IV. Experiment Details

The Working Model dynamic simulation program was used to study the effect of stander seatback compared with Linear Damping seat during the rear-end impact. To analyze whether the new linear damping seat offers the possibility of preventing neck injuries, sled test were performed. The sled test rig (figure 2) was design and developed to validate the simulation model and to be flexible for different verity of rear-end impact test such as head restraint position or seatback stiffness.

# 5 V. Experimental Results

The reference seat (RS) is a production seat without head restraint. Also, the reference seat term was used to describe the head and neck complex fixed on the seat base directly with no seat (as described in chapter three). Rear impact sled tests are obtained for the both reference seat and reference seat with headneck complex (Hybrid neck III). The test results show head acceleration with time for different collision conditions.

Experiment results in figure (3) show that head acceleration peak value for LDS decreases by approximately 28 % as compared with RS at 14km/h speed and 4g acceleration. As impact speed increased head acceleration increased as shown in figure (4) and (5)

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# 6 VI. Conclusions

The new Linear Damping Seat design for reduction in whiplash injuries, allows less motion between head and torso as shown in the experimental results (trail sled tests), linear damper shows lessen the movement of the neck (spring) extension. [1] [2]



[2] Linear Damping Seat to Reduce Whiplash Injury in Rear-end Collision

Figure 1:

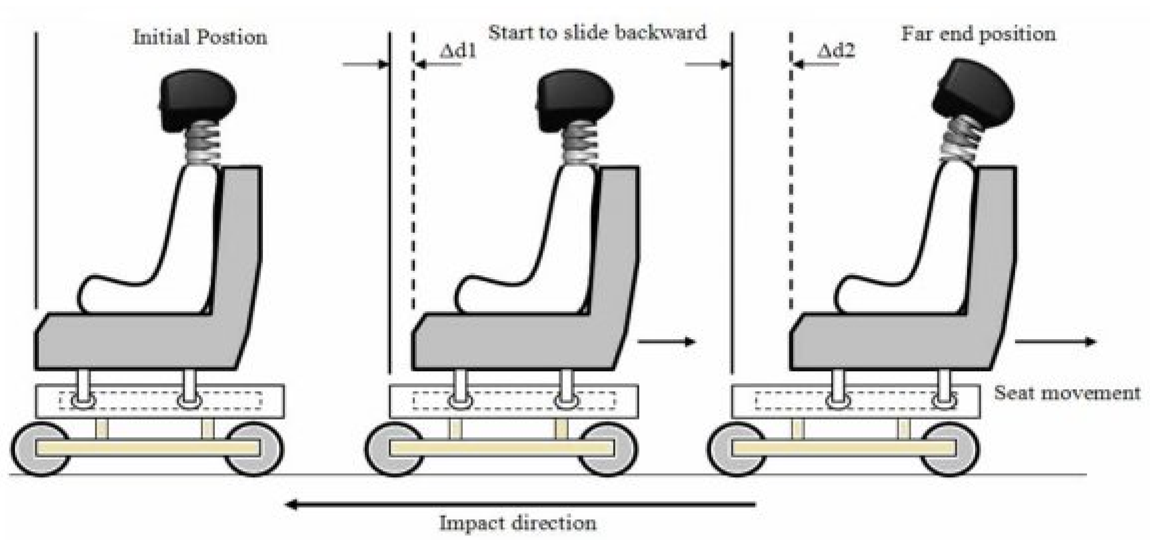



Figure 2:

1

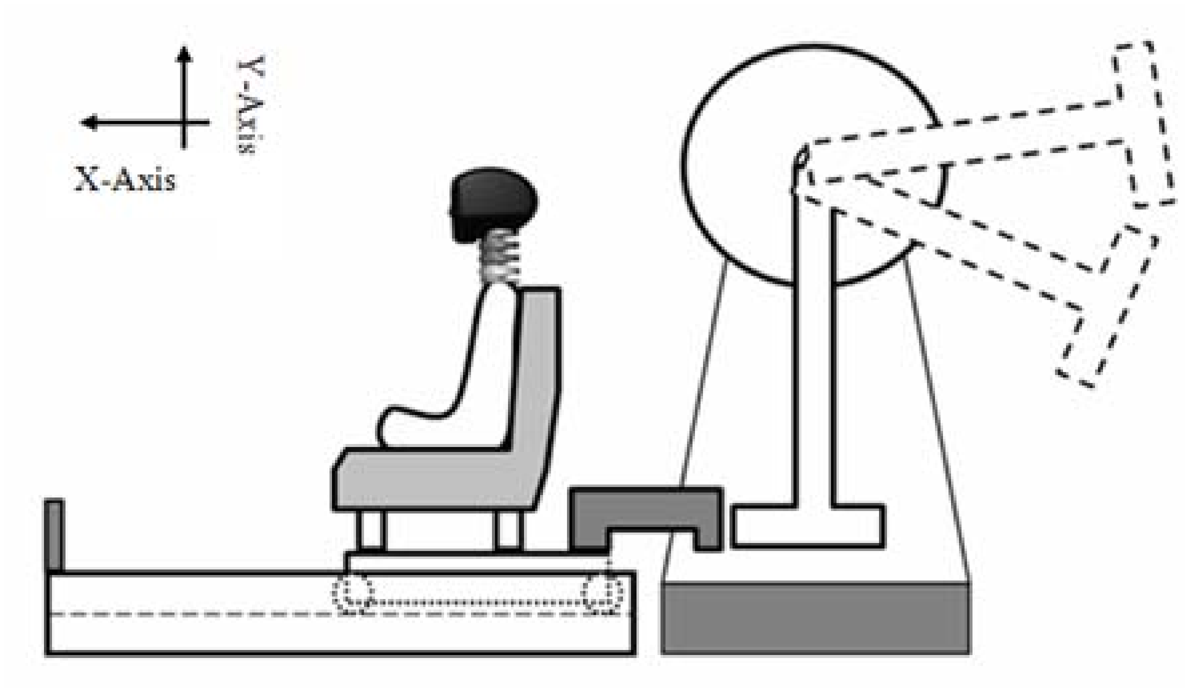



Figure 3: Figure 1 :

2

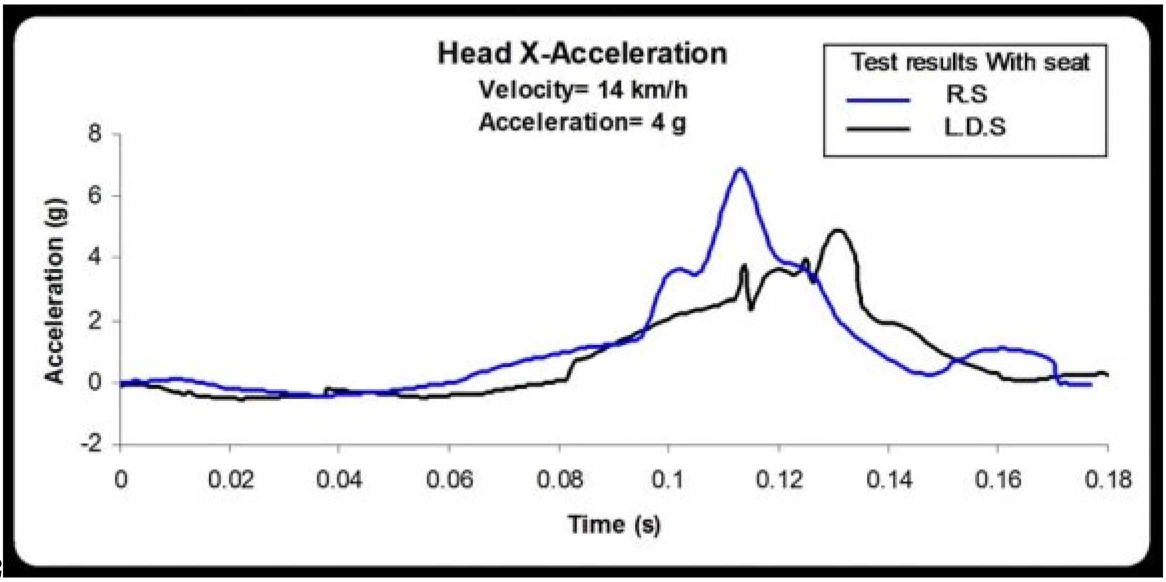



Figure 4: Figure 2 :

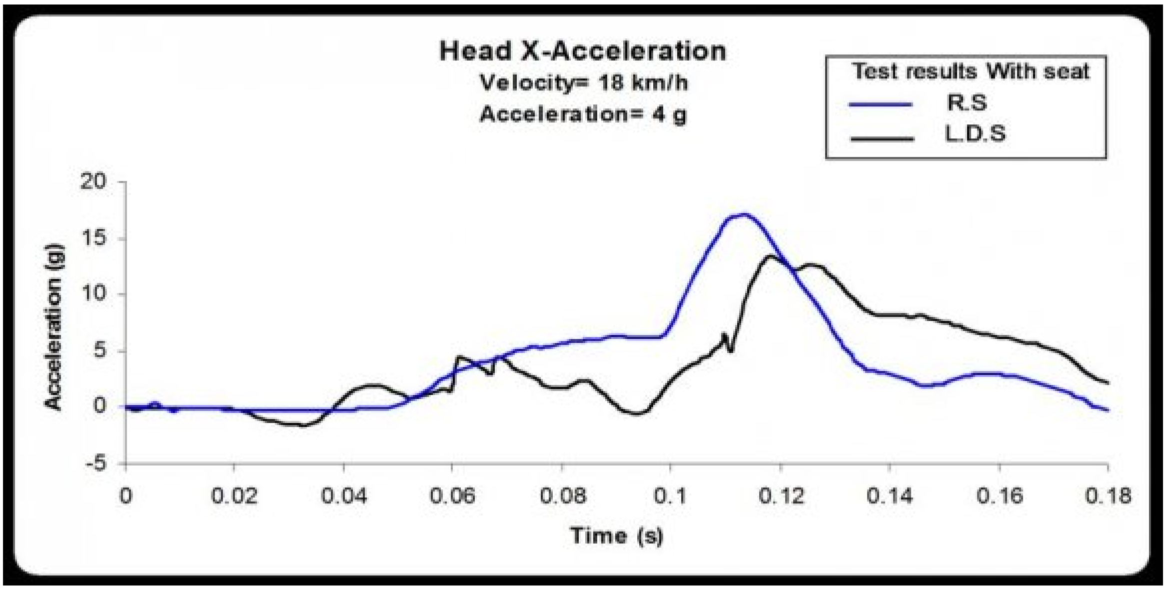



Figure 5:

345

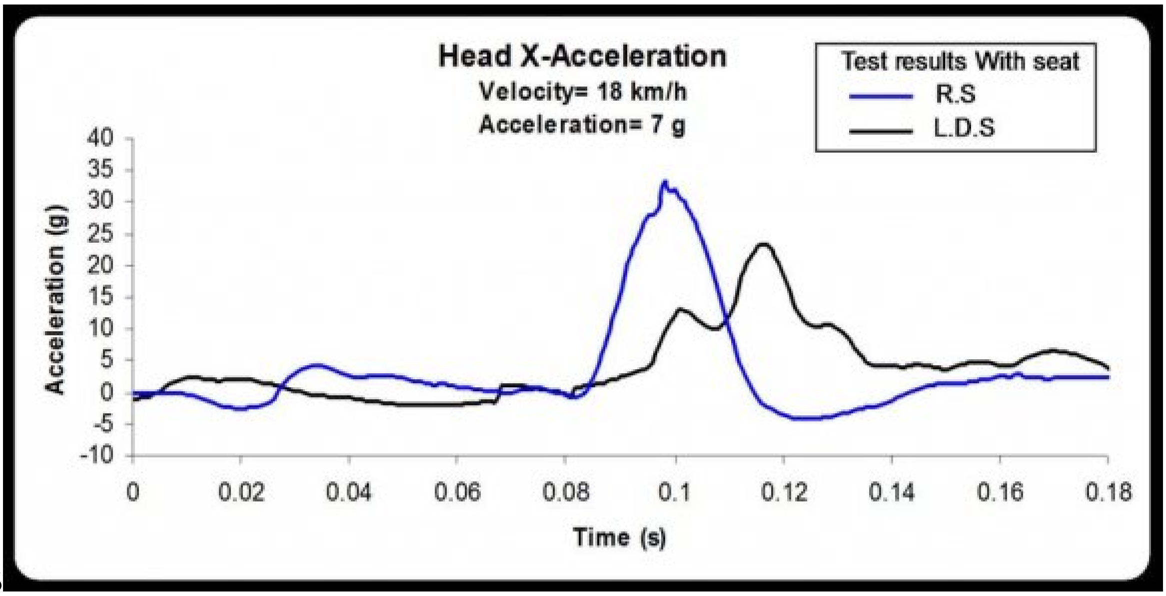
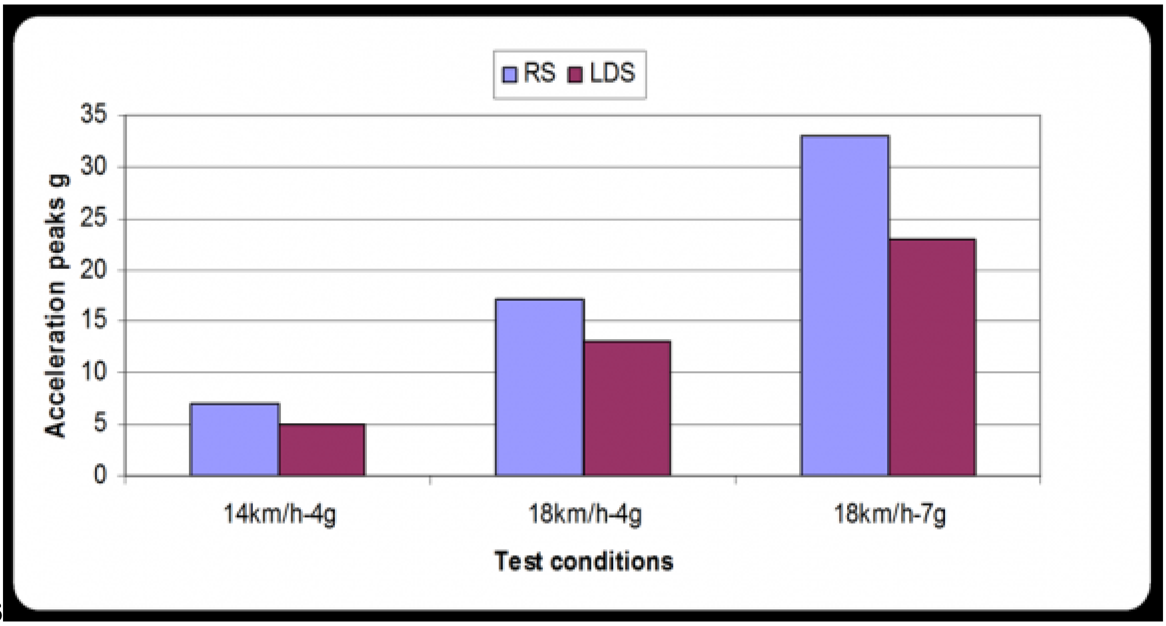



Figure 6: Figure 3 :Figure 4 :Figure 5 :




**6**

Figure 7: Figure 6 :

**1**

| Parts | Minimum | Maximum | Notes |
|---|---|---|---|
| Impactor mass | 20 Kg | 80Kg | |
| Impactor speed | 14 Km/h (3.8 m/s) | 18 Km/h (5m/s) | Two position marked for mass of 22 Kg |
| Head mass | 4.5 Kg | 4.5 Kg | Standard ADR |
| Neck mass | 1.5 Kg | 1.5 Kg | |
| Torso mass | 10 Kg | 10 Kg | |
| Base mass | 4 Kg | 5 Kg | With -out linkages |
| Total Trolley mass | 20 Kg | 25 Kg | |

Figure 8: Table 1

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